

RDA ADULT DANCE SCHEDULE 2023-2024

Time	Monday	Tuesday		Wednesday	Friday	
	Studio C	Studio B	Studio C	Studio C	Studio A	Studio B
5:45 PM						
6:00 PM					Adult Hip Hop Int./Adv. 6:00-7:00	Adult Heels Beginning 6:00-7:00
6:15 PM	Adult BodyBarre All Levels 6:15-7:15		Adult Zumba All Levels 6:15-7:15	Adult Zumba All Levels 6:15-7:15		
6:30 PM					Adult Hip Hop Beginning 7:00-8:00	Adult Heels Int./Adv. 7:00-8:00
6:45 PM						
7:00 PM						
7:15 PM	Adult BodyBarre All Levels 7:15-8:15	Adult Jazz All Levels 7:15-8:15		Adult Ballet All Levels 7:15-8:15		
7:30 PM						
7:45 PM						
8:00 PM						
8:15 PM	Adult Femme All Levels 8:15-9:15	Adult Jazz Advanced 8:15-9:30				
8:30 PM						
8:45 PM						
9:00 PM						
9:15 PM						
9:30 PM						